

# LUNCH DISHES

Taffels

## MAINS

Soup of the day with sourdough bread (vegan)	5.75
Salmon & potato fishcakes with Thai sweet chilli sauce served with salad	9.95
Taffels falafels served with flatbread, hummus, crushed avocado, lettuce, tomato, cucumber & spring onion (vegan)	10.95
Omelettes, served with either mixed salad or fries Choice of two fillings ... cheese, ham, mushroom, tomato or spinach	9.95
Cauliflower & coconut curry with coriander & lime rice (vegan)	10.25
Taffels all day breakfast: Two fried eggs, bacon, sausage, mushroom, tomato, beans & toast	8.95
Vegetarian all day breakfast: Two fried eggs, haloumi, veg sausage, mushroom, tomato, beans & toast	8.95
Vegan all day breakfast: Crushed avocado, vegan sausage, tomato, mushroom, spinach, beans & toast	8.95
Piri piri chicken wrap with roasted red pepper, spinach & mayo served with fries	9.95
Haloumi wrap with hummus, crushed avocado, roasted red pepper & spinach served with fries (vegan option available with Taffels falafel instead of haloumi)	9.95 9.95
Homemade sausage roll or quiche	3.95
add a mixed salad from our daily selection or fries and side garnish	7.95

For daily lunch specials please see our board

## BURGERS:

Taffels homemade burgers served with fries and salad garnish.

- Beefburger with lettuce & tomato 11.25
- Carrot & chickpea burger with crushed avocado tomato, lettuce & hummus (vegan) 11.25

Add any topping 50p each—choose from Bacon, Monterey Jack cheese, Stilton, Mushroom, Jalapeno peppers, vegan cheddar style cheese

GLUTEN FREE BREAD, TOAST & BURGER BUNS available for 25p extra

PLEASE SEE OVER THE PAGE FOR OUR SALADS, TOASTIES, SANDWICHES & SIDES

Please advise our staff of any allergies when ordering. Our gluten free foods are produced using gluten free ingredients but are made in a kitchen where products containing gluten are used. All of our food is freshly prepared in our kitchen using locally sourced ingredients wherever possible.

## MAINS SALADS:

Choose a mix from our daily salad specials, served with sourdough bread	8.95
Toasted goats cheese croutons on a bed of mixed leaves with honey roasted walnuts, topped with a fried egg (v)	10.25
Freshly cooked Cajun chicken on a bed of mixed leaves with sliced avocado, tomato, roasted red peppers and a yogurt dressing	10.25

## TOASTIES: SERVED ON TOASTED WHITE SOURDOUGH with mixed leaf salad garnish

Taffels Club sandwich – Triple decker sandwich with chicken, bacon, lettuce, tomato & crushed avocado	8.95
Vegetarian Club sandwich – Triple decker sandwich with halloumi, mayo, lettuce, tomato & crushed avocado (v)	8.50
Classic toastie: choose fillings from honey & herb roasted ham, cheese, tomato and sliced red onion	6.95
Goats cheese, spinach & caramelised red onion chutney toastie (v)	6.95
Smoked salmon, cream cheese, cracked black pepper & lemon – bagel, toasted sourdough or sandwich	8.50

## SANDWICHES all served with mixed leaf salad garnish—also available as a wrap

Mozzarella, tomato, crushed avocado and rocket sandwich	6.95
Chicken, crushed avocado & baby leaf sandwich	6.95
Hummus, tomato & rocket sandwich (vegan)	6.95

ALL SANDWICHES & TOASTIES AVAILABLE ON GLUTEN FREE BREAD for 25p extra

## SIDES

Homemade crispy fries	2.95
Side salad from our daily selection	4.95
Green leaf salad with balsamic dressing	3.25
All extras	1.00

# DRINKS

Taffels

## Hot Drinks

Alternative milks Soya, Almond, Oat and Coconut have a 25p surcharge on regular size and 15p on small size

	regular	small
Americano	2.50	2.25
Cappuccino, Latte	2.75	2.50
Iced coffee or chocolate	2.75	
Mocha	2.95	
Flat white	2.75	
Cortado	2.25	
Espresso, Macchiato	2.25 (double)	1.95 (single)
Extra coffee shot	0.15	
Baby Chino (hot milk) or glass milk	1.00	
Chai Latte	2.75	
Hot Chocolate (add whipped cream and marshmallows 25p)	2.75	
Kids hot chocolate (add whipped cream and marshmallows 15p)		2.50
Pot of English Breakfast Tea	2.25	
Herbal Teas	2.50	

## Cold Drinks

Mineral water (sparkling or still)	2.95 (large bottle)	1.80
Folkington Fruit Juices 250ml - Apple, Pear, Orange, Pink Lemonade, Mango		2.50
Sparkling drinks including Folkington Rhubarb & Apple presse, Lemon & Mint presse, Elderflower presse, Ginger Beer, Lemonade		2.75
Coke; Diet Coke; 7-Up		1.80

## Wine & Beers

### WINES:

#### Sparkling & Champagne

	175ml glass	75cl bottle
Terra Serena Prosecco	200ml (two flutes)	6.00

#### House wine:

White: Chardonnay, Pinot Grigio or Sauvignon Blanc	4.75	15.00
Red: Shiraz, Merlot, Cabernet Sauvignon	187ml (large glass)	4.95
Dry, crisp rose	4.75	15.00

### Beers

San Miguel lager	3.20
500ml beer, ale or cider	4.25